

CLASS DESCRIPTIONS

Introductory

Age: 3s and 4s Duration: 45 mins

In a creative and fun environment, our youngest dancers will learn the most basic fundamentals of dance. The class will introduce the little ones to gross motor skills, movement qualities, coordination and isolation, musicality and rhythm, as well as an introduction to basic ballet posture, positions and terms.

Level 1 Ballet/Tap

Age: 4 ½ - 5 ½ years Duration: 60 mins

Building on the fundamentals, this class will begin to introduce simple ballet technique through fun and engaging exercises and activities

Level 2 Ballet/Tap

Age: 5 ½ - 7 years Duration: 60 mins

Level 2 dancers will add more advanced steps and term such as 5th position, rond de jambe, changement. Spotting and turns will be introduced as well as simple steps and jumps
Level 2 will still include a creative improvisation based on musical and movement qualities.

Level 3 Ballet/Tap

Age: 8-10 years Duration: 60 mins

Class will start at the ballet barre and include more advanced steps such as frapp*, developp*.

Level 4 Ballet / Tap

Age: 10-14 years Duration: 90 mins

Class will include a full ballet barre, center work including pirouettes, petit and grand allegro. The tap section will include the full range and complexity of a professional tap syllabus
Both classes will teach the rhythm and coordination.

Contemporary/Lyrical Jazz

Age: 8-12 years Duration: 60 mins

This class will focus on contemporary lyrical movement styles.

Jazz Funk / Hip-Hop

Age: 7-9 years and 10-12 years Duration: 60 mins

Both classes will teach the rhythm and coordination.

SCHEDULE

	Tuesday	Thursday	Sunday
Introductory	4 – 5	5 – 6	9 – 10
Ballet/Tap 1	5 – 6	4 – 5	10 – 11
Ballet/Tap 2	6 – 7		11 – 12
Ballet/Tap 3		6 – 7	12 – 1
Contemp	7 – 8		1 – 2
Hip-Hop		7 – 8	2 – 3

PRICE

Please, refer to general Parents Guide

UNIFORM

Female

- Pink or Lilac Short-sleeved leotard
- Georgette wrap over skirt
- Short white ballet socks
- White leather or satin ballet shoes

Male

- White T-Shirt, Black Shorts
- Short white ballet socks
- White ballet shoes with 12mm white elastic



- ballet
- tap
- hip-hop
- contempo
- jazz

LANA'S ART STUDIO

2017 - 2018



art is a
powerful
way to learn

Kids learn the mechanics of drawing that they then apply to develop one-of-a-kind artwork. They discover artistic styles, drawing tools and special techniques as they develop their unique creations.

It's fun!

Art classes are FUN and great learning experiences!

It develops skills!

Kids develop skills related to school success.

It encourages craftsmanship!

Kids develop a personal artistic style.

It builds self-confidence and creativity!

Kids convey their ideas creatively!

It's always new!

It's always a new learning adventure!

CLASSES FOR 4-5 YEARS

This age group is highly recommended

Art class. Kids develop their sensory skills as well as fine and gross motor skills. Learn about color, texture and more while experimenting with new, engaging materials.

SUNDAY 12 PM

CLASSES 6-7 YEARS

This age group classes develop skills important for school success such as language, cognitive skills and the ability to listen and follow directions.

SUNDAY 1 PM

CLASSES 8-10 YEARS

This age group class develop artistic skills and craftsmanship, knowledge of artistic styles and art history. The focus is upon learning techniques and expanding self-confidence.